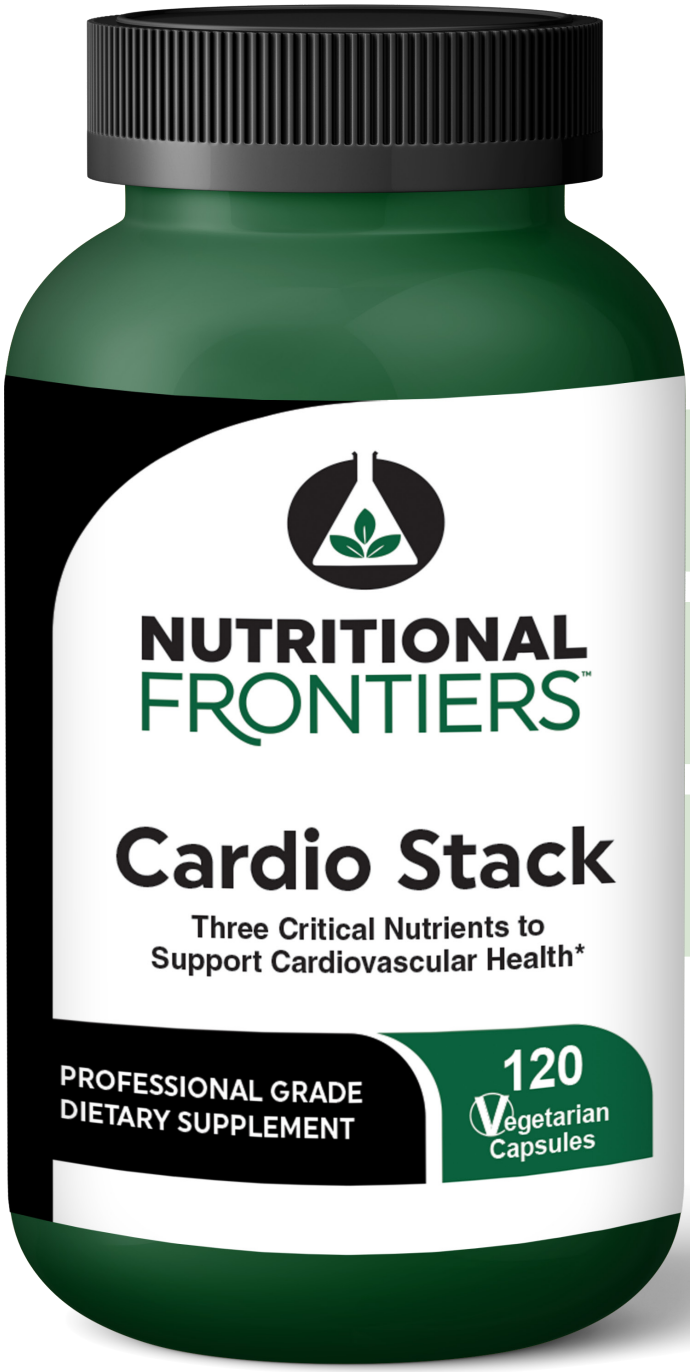
Cardio Stack

Vegetarian Capsules



Cardiovascular

Blood Pressure

Oxygen Utilization

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(412) 922-2566

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Cardio Stack

Available in 120 count

Cardio Stack provides three critical nutrients to enhance cardiovascular health. **Cardio Stack** may be used by people who already suffer from heart disease or by those looking to prevent the development of cardiovascular disease.

L-Carnitine - is an amino acid that can act as a co-factor in carbohydrate metabolism. It can also provide benefits in a spectrum of cardiovascular conditions like ischemic heart disease, angina (chest pain), congestive heart failure, heart attack, peripheral vascular disease, and more. One study in 200 patients with exercise-induced stable angina showed that carnitine supplementation improved exercise tolerance, cardiac function,and lipid levels, as well as reducing the number of pharmaceutical cardiac medications needed. Another study in subjects with heart failure showed that long term use of L-carnitine resulted in greatly reduced mortality.

N, N-Dimethylglycine HCI - dimethylglycine is made by the body in small amounts and demonstrates anti-oxidant and anti-inflammatory actions.

Research for DMG includes:
- For the treatment of arthritis and inflammation
- For modulating immune response and treating inflammatory disease
- For the treatment of melanoma

As a nutritional supplement, DMG is sometimes used to lower homocysteine levels as well as enhance athletic performance by improving oxygen utilization. Other potential applications for this methyl donor may include promoting apoptosis and preventing metastasis, improving attention deficit disorders, epilepsy, autism, chronic fatigue syndrome, high blood pressure, high cholesterol, and immune function.

Coenzyme Q10 - CoQ10 is vital for the generation of ATP, the basic energy molecule in the body. CoQ10 is produced in the body but some people will benefit from extra supplementation. CoQ10 supports cardiovascular health by preventing oxidation of LDL ("bad cholesterol"). Supplementation with CoQ10 is important for people taking statin drugs (a type of cholesterol-lowering medications) as statins interfere with the body's ability to produce CoQ10.

SUPPLEMENT FACTS

Serving Size: 4 Capsules
Servings Per Container: 30
Amount Per Serving

L-Carnitine Tartrate	1,800 mg
N, N-Dimethylglycine HCI	300 mg
CoEnzyme Q10	100 mg

Other Ingredients: Vegetable Cellulose (Capsule), Rice Flour, Vegetable Stearate, Titanium Dioxide (Color).

Suggested Use: As a dietary supplement, take 4 capsules per day, or as directed by your healthcare professional.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

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