Liver/Gallbladder Tincture

Liquid

Detox

Digestion

Optimize

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Liver/Gallbladder Tincture

Available in 48 & 96 Serving Liquid

About the Formula

• **Chlorella** has become a popular addition to liver detoxification formulas. Chlorella is a highly nutritious single-celled alga, somewhat similar to spirulina. The "broken cell" version of chlorella refers to the manufacturer of the product breaking the outer cell wall of the microorganism to improve its digestibility and absorption rate. Some research indicates that chlorella may attenuate oxidative stress and relieve symptoms of fibromyalgia. It also shows promise for enhancing immune function and stamina.

• **Milk thistle,** also known as Silybum marianum, is a hepatic trophorestorative, meaning that this herb protects and restores function of the liver. It has been shown to successfully treat non-alcoholic and alcoholic liver damage, cirrhosis, fatty liver, and more. Milk thistle is also helpful in cases of exposure to chemical pollutants like drugs, solvents, halogenated hydrocarbons, and more.

• **Dandelion root** is a bitter herb used to stimulate digestion and promote liver and gall bladder health. This common weed contains many nutrients and all parts of the plant have been used for medicine or for food. Dandelion root acts as an alterative to improve conditions of chronic toxicity, decreased immune function, eczema, cholecystitis, hepatitis, and more.

• **Burdock root** also called Arctium lappa, is an alterative which promotes digestion and elimination and supports liver healthIn Japan the root is still eaten as food. Burdock is easily found growing all over Europe, Asia, and the USA. Like dandelion, burdock acts slowly and gently and must be taken over long periods of time for optimal results.

• **Artichoke** (Cynara) is a powerfully bitter plant that stimulates digestion. It has been used to treat liver inflammation, like hepatitis, and to reduce oxidative damage to the liver from environmental toxins. Cynara may also sometimes be used to normalize cholesterol synthesis in the liver.

• **Bupleurum falcatum** is used in Traditional Chinese Medicine to regulate gastrointestinal and liver function. Bupleurum also acts as an anti-inflammatory agent, supports immune function, and protects the liver, kidney, and other organs from toxic damage.

• **Cilantro** (Coriander sativum), also called Chinese parsley, is used both as a culinary and a medicinal herb. Both the seeds (com-monly called 'coriander') and the leaf (commonly called 'cilantro') have been used by herbalists and chefs alike! Although well known as an aid to digestion, this herb may also have some benefit in supporting the body's ability to detoxify. Some preliminary animal research shows that cilantro can play a role in protecting against lead-induced oxidative stress.

• **Fumitory (Fumaria)** is thought to be depurative (detoxifying) and amphoteric (restoring balance of an organ's function), with a spoecial affinity for the gall bladder. Herbalists have used fumaria to tonify the digestive system, stimulate the release of digestive enzymes, treat skin eruptions, and enhance liver detoxification.

• **Fringe tree** is a North American plant that has traditionally been used to stimulate liver, spleen, and pancreatic function. It is said to enhance the flow of bile from the liver and gall bladder. Fringe tree, also called Chionanthus virginicus, should not be used in cases of acute cholelithiasis (gall stones).

SUPPLEMENT FACTS

Serving Size: 1 Full Droppper
Servings Per Container: 48 or 96

Milk Thistle *(Silybum)*	15%
Dandelion Root *(Taraxacum)*	15%
Burdock Root *(Arctium lappa)*	15%
Artichoke *(Cynara scolymus)*	10%
Bupleurum falcatum	10%
Fumitory *(Fumaria off.)*	5%
Fringe Tree *(Chionanthus virginicus)*	5%
Chlorella *(broken cell wall)*	15%
Cilantro *(Coriander sativum)*	10%

Suggested Use: 1-2 droppers, 3 times daily, add to water or juice.

Warning: If you are pregnant or nursing, taking any medications, or have bile duct obstruction (like gallstones) or cholecystitis, please consult your health care practitioner before taking this or any herbal product. If you experience nausea, vomiting, or diarrhea please discontinue this product and contact your health care practitioner.

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