Uterine Restore

Supports Female Pelvic Health & Enhances Uterine Function*

Ovarian Function

Female Pelvic Health

Uterine Tissue Repair

NutritionalFrontiers.com
(412) 922-2566

NUTRITIONAL FRONTIERS

Uterine Restore

Available in 60 Count Vegetarian Capsules

Uterine Restore is part of Nutritional Frontiers' fertility line of products to help support female pelvic health and enhance uterine function. This product was formulated to help support women with pelvic pain, recurrent pregnancy loss, heavy menses, scant menses, PMS, irregular cycles, and overall sexual function. **Uterine Restore** features several ingredients to support uterine function and hormone balance, as well as reduce inflammation. Systemic inflammation can negatively affect the uterus, cervix, and placenta, and may play a role in PMS, irregular menses, and endometriosis. Local inflammation and pro-inflammatory cytokines are also associated with heavy menstrual bleeding.

Chaste Tree Berry (Vitex Agnus-Castus) is a deciduous shrub native to Central Asia and the Mediterranean. Traditionally, chaste tree has a long history of use as a reproductive tonic to balance hormones and menstrual function. It is thought to help restore the estrogen-progesterone ratio. Vitex is utilized by herbalists to help women with all types of irregular menstrual cycles including periods that are too short or too long, too frequent or too unpredictably infrequent. Other conditions that women have used vitex for are PMS, perimenopausal symptoms, recurrent miscarriage, PCOS, fibrocystic breasts, and more.

Curcumin C3 Complex® (Turmeric Extract). This trademarked extract of turmeric contains a mixture of curcuminoids including curcumin, demethoxycurcumin, and bisdemethoxycurcumin. Turmeric is a yellow culinary spice with numerous medicinal benefits, such as scavenging free radicals, stimulating the synthesis of the endogenous antioxidant glutathione, and reducing inflammation. Curcumin displays potent anti-inflammatory actions by inhibiting the formation of the pro-inflammatory mediators thromboxane & prostaglandin. Turmeric does not interfere with beneficial prostaglandin production and therefore does not harm the stomach lining like pharmaceutical anti-inflammatories such as aspirin and ibuprofen. In terms of applications specific to female health, curcumin has been shown in animal studies to improve ovarian function and reverse disturbance in oxidative stress parameters. Curcumin modulates estrogen receptivity in many tissues like the breast, uterus, and cervix, supporting its traditional use for conditions like endometriosis.

Boswellia serrata is found throughout western and central India. This Ayurvedic herb is often used to help people with inflammatory diseases like arthritis, asthma, and colitis. Like turmeric, Boswellia does not cause the gastric side effects exhibited by pharmaceutical NSAIDs. Studies support its use as an anti- inflammatory agent that can help reduce pain, including menstrual pain. Preliminary in vitro research demonstrates that Boswellia may help ameliorate endometriosis. It has also been shown to help with heavy menstrual bleeding by reducing the amount and duration of bleeding and improve quality of life.

Placenta (Bovine, New Zealand)- Glandular-derived medicines were commonly used in Western medicine before synthetic pharmaceuticals became widely available. The use of glandular therapy is based on the idea that the organs or glands of mammals are structurally similar to their human counterparts and would contain micronutrients and other ingredients needed to bolster proper function in patients. Glandular therapy is less common in recent generations in America although it has a long history of use in many other cultures. People have traditionally eaten every edible part of animals including organs and glands. As a form of medicine, glandulars have played a role in early American medical practice, traditional European medicine, traditional Chinese medicine, and other medical traditions. Consuming encapsulated placenta has become more popular in industrialized countries over the past decade or so, and research has shown this is overall safe and may provide trace micronutrients.

Warning: Consult your healthcare provider if you are pregnant or nursing. If you are taking any medications, including hormonal contraceptives or fertility medications, consult your health care practitioner before taking this or any nutritional product.

Serving Size: 1 Capsule | Servings Per Container: 60

Chaste Tree Berry (Vitex Agnus Castus)	200 mg
Curcumin C3 Complex® (Turmeric Ext) STD to 90% curcuminoids	200 mg
Boswellia (Boswellia serrate)	200 mg
Placenta (Bovine, New Zealand)	100 mg

Other Ingredients: Vegetarian Capsule (Hypromellose & Water)

Suggested Use: As a dietary supplement, take 1 capsule daily, or as directed by your healthcare practitioner.

Warnings: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Color of this formula may vary due to color variations of the ingredients.

Keep out of reach of children. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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This product is not intended to diagnose, treat, cure, or prevent any disease.