DHEA Cream

Fast Acting, Bio-Identical DHEA Cream

Hormones

Adrenals

Healthy Aging

NutritionalFrontiers.com
(412) 922-2566

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DHEA Cream

Each Pump Delivers Approximately 20mg of DHEA

DHEA, which stands for dehydroepiandrosterone, is one of the many hormones produced by the adrenal cortex. The androgen DHEA is a precursor to testosterone as well as estrogen. Plasma levels of DHEA and its sulfated form (DHEAs) decline approximately 80% between the ages of 25 and 75 years old. In addition to decreased downstream hormone levels, low DHEA may be associated with aging, fatigue, increased cardiovascular disease, bone loss, low libido, erectile dysfunction in men, and cognitive performance.

More research on **DHEA** supplementation is needed, but so far studies have suggested a variety of benefits. For example, research has demonstrated improvements in building lean body mass and reducing fat mass, as well as increased muscle strength when combined with weightlifting training, in older individuals. Other studies have suggested that DHEA supplementation might help infertility, learning and memory, erectile dysfunction in men, libido and sexual symptoms in older women, mood, and inflammation. Preliminary research suggest DHEA benefits bone mineral density in certain populations. Topical application of DHEA has been shown to improve the appearance of aging skin by increasing sebum production and epidermal thickness, resulting in improved skin brightness and papery appearance.

Wash hands before and after use of **DHEA Cream**. This product is designed to be used topically and would be applied to smooth skin areas of the body such as the neck, chest, abdomen, wrist, or inner arm, inner thigh, or throat. Rotate the application site daily. For adult use only. Not for use in people under 18 years old. People under the age of 35 should not supplement DHEA unless otherwise prescribed by a licensed medical practitioner. Always defer to your provider's individualized instructions. DHEA levels can be measured by a DHEAs blood test.

Cautions: Not for use in people under the age of 35. Not for use in pregnancy or lactation. Not for use in people with hormone-dependent cancers of the breast, uterus, ovaries, or prostate. Discontinue use if skin irritation or redness occurs. Possible side effects include hair loss, hair growth on the face in women, acne, irritability, and increase estrogen levels.

Directions: Massage into inner arms, thighs, chest, or apply to inner forearm and rub arms together until absorbed. Use once or twice daily as desired. Each pump delivers 20mg of DHEA.

Ingredients: Ultra Pure Water, Vegetable Glycerin, Aloe Vera Leaf Gel, Caprylic/Capric Triglyceride, Dehydroepiandrosterone (DHEA), Stearic Acid, Olive Oil, Coconut Oil, Shea Butter Sunflower Lecithin, Methylulfonylmethane (MSM), Isopropyl Palmitate, Stearyl Alcohol, Allantoin, Carbomer, Sodium Bicarbonate, Herbal-Active® (Natural Preservative)

Warnings: For external cosmetic use only. If pregnant or nursing, consult a healthcare professional before using this product. Cease using this product and seek medical attention if skin irritation or other negative reactions occur.

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