Ultimate Shake
PLUS

Plant Based Meal Replacement

Macro, Micro Nutrients and Antioxidants

Full Detoxification Matrix

NutritionalFrontiers.com
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NUTRITIONAL FRONTIERS

Ultimate Shake Plus

Available in 10-Pack Powder Servings

Ultimate Shake Plus is a unique formulation that supports detoxification and can be used as part of a liver-cleanse protocol. With 18 grams of protein per scoop, this formula makes a filling snack, or alternatively as a replacement or addition to a small meal. **Ultimate Shake Plus** features pea, rice, and pumpkin as its protein source. These vegetable protein sources provide amino acids required by the body for people who are vegetarians, have food allergies or sensitivities, or who are looking for a hypoallergenic meal replacement.

The liver is the primary organ responsible for modifying toxins so that they can be excreted from the body. This occurs in a 2-step process called Phase 1 and Phase 2 detoxification, in which fat-soluble substances are modified to water soluble for easier elimination by the kidneys into the urine, and out of the body. Ultimate Shake Plus contains ingredients to enhance **both Phase I and Phase II liver detoxification**.

This protein is derived from pea, pumpkin, and rice. These are the primary building blocks of the diet and considered macronutrients meaning that you need relatively large amounts of it each day. These nutrients must come from food and they are necessary for disease prevention, growth, and good health. Fiber serves many purposes, including binding toxins in the intestines to aid in detoxification, helping glucose and lipid control, and supporting proper bowel function, regularity, fecal volume, and beneficial intestinal micro flora. Just one packet of this great tasting formula will provide **all of your macro and micro nutrients for the day** in ONE single, tasty, meal replacement!

In addition to fruits and vegetables, Ultimate Shake Plus features added nutrients like folate, Vitamin C, and choline as VitaCholine®. Choline is an essential dietary nutrient involved in a wide variety of physiological functions and necessary for the synthesis of phospholipids, which comprise cell membranes. Choline **supports proper liver, nerve & brain function** and is used in the manufacture of the neurotransmitter acetylcholine, as well as being a precursor to the methyl donor betaine.

For a gentle energy boost, Ultimate Shake Plus contains beet root powder, green tea leaf extract, ginkgo leaf extract, and bee pollen. For digestive support, we've added probiotics and digestive enzymes to Ultimate Shake Plus.

Our powders are convenient: they do not go bad, like the produce rotting in your fridge; you don't have to worry about what's in season; and they taste great, ensuring **compliance for "picky" eaters: children and adults alike!**

Warning: If pregnant or nursing, consult with your health care practitioner.

Produced in a facility that also processes milk, soy, peanut, tree nuts, wheat, eggs, fish, shellfish, and sesame.

Albion® Minerals FERROCHEL® VitaCholine® EMOTHION®

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Fibersol®-2 is a soluble dietary fiber produced by ADM/Matsutani LLC.
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SUPPLEMENT FACTS

Serving Size: 1 Packet (55.1g)
Servings Per Container: 10 Packets

Calories 190	
Total Fat	5 g
Saturated Fat	2.5 g
Total Carbohydrates	19 g
Dietary Fiber	4 g
Total Sugars (Includes 3 g Added Sugars)	4 g
Protein	18 g
Vitamin A (as Palmitate)	200 mcg RAE
Vitamin C (as Ascorbic Acid)	67 mg
Vitamin D (as Cholecalciferol)	16.7 mcg
Vitamin E (as Succinate)	107.8 mg
Thiamin (as Thiamine Mononitrate)	1.05 mg
Riboflavin (as Vitamin B2)	1.33 mg
Niacin (as Niacinamide)	1.3 mg NE
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	2.25 mg
Folate (as Biofolate® (from (L-5-Methyltetrahydrofolate Calcium))	105 mcg DFE
Vitamin B12 (as Methylcobalamin)	70 mcg
Biotin	90 mcg
Pantothenic Acid (as D-Calcium Panothenate)	2.1 mg
Choline (as Choline L(+) Bitartrate)(VitaCholine®)	10 mg
Calcium(as Calcium Citrate, Tricalcium Phosphate)	200 mg
Iron (as Ferrous Bisglycinate Chelate)(Ferrochel®)	7.5 mg
Phosphorus (as Phosphorus Chelate, Tricalcium Phosphate)	350 mg
Iodine (as Potassium Iodide)	658 mcg
Magnesium (as Magnesium Citrate)	115 mg
Zinc (as Zinc Arginate Chelate)(Albion®)	10 mg
Copper (as Copper Bisglycinate Chelate)(Albionl®)	10 mg
Manganese (as Manganese Citrate)	0.87 mg
Chromium (as Chromium Picolinate)	68.4 mcg
Molybdenum (as Molybdenum Glycinate Chelate)(Albion®)	80 mcg
Sodium	140 mg
Potassium (as Potassium Glycinate Complex (Albion®), Potassium Iodine)	170 mg
Oatmeal Flour	15 g
Coconut Oil Powder 50%	4.5 g
Fibersol®	2.6 g
Sunflower Lecithin Powder	1.5 g
L-Glutamine	200 mg
L-Glycine	200 mg
Organic Pumpkin Protein (seed)	166.7 mg
L-Cysteine HCL	66.7 mg
L-Taurine	66.7 mg
L-Threonine	66.7 mg
Lysine HCl	66.7 mg
Milk Thistle (seed) Extract (80% Silymarin)	66.7 mg
Proprietary Green Health Blend	3,000 mg
Dulse Powder (whole plant), Organic Apple (fruit) Powder, Organic Broccoli Powder (florets), Spinach Powder (leaf)	
Proprietary Detoxification Matrix	1,735 mg
Chlorella (whole) (Chlorella Pyrenoidosa), N,N-Dimethylglycine HCL, Emothion® (S-Acetyl)-L-Glutathione, Organic Spirulina Powder (whole), N-Acetyl L-Cysteine	
Energy Blend	300 mg
Organic Beetroot Powder, Green Tea Extract (leaf), Ginkgo Biloba (Leaf), Bee Pollen Powder	
Alkalinity Blend	300 mg
Suma Powder (root), Grape Seed Extract, Milk Thistle Seed Powder, Aloe Vera Juice Powder (leaf gel)(200:1)	
Probiotic Blend Complex	125 mg
Bifidobacterium Bifidum, Bifidobacterium longum, Lactobacillus acidophilus	
Enzyme Blend Complex	100 mg
Prohydroxy (Amylases, Lactase, Lipase, Protease I, Protease II)	

Other Ingredients: Pea Protein, Raw Cane Sugar, Natural Flavoring, Brown Rice Protein, Pumpkin Protein, Steviol Glycosides, Inulin (from Jerusalem Artichoke)

Suggested Use: Mix 1 packet (55.1 g) with 8 oz. of water, milk substitute, or favorite beverage.

*Sources for cited material are available upon request. Contact Nutritional Frontiers.

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